

Overview

Trekking to **Gokyo Ri and Gokyo lakes** are one of the most beautiful activities in the Everest region. There are **thousands of trekkers** who visit Nepal for Gokyo Ri and Gokyo lakes trekking. Some trekkers might have a lesser number of days and still, want to trek to Gokyo Ri and Gokyo Lakes lakes. For such trekkers, we've **summarized the trek** into Short Gokyo Lakes and Gokyo Ri Trek.

This trek is a **remarkable experience**. Every time in **Everest, every trek in Everest is a lifetime adventure**. This trek offers numerous remarkable moments and memories. Beginning with the **scenic flight with thrilling land at Lukla, Short Gokyo Lakes Trek** will take up to **Gokyo Ri, 5357 meters**.

This trek is an opportunity to witness the highland Himalayas and the highland wetlands at the same time. The five Gokyo lakes are beautiful, beyond your imagination. They are calm and are enchanting! In Short Gokyo Lakes Trek, you will also see the longest glacier, the **Ngozumpa glacier**.

This trek also **combines nature with culture**. During this trek, you can witness the diverse **culture of the Sherpas in the Everest region**. You can witness their unique way of life, how quiet and cheerful they are. You'll surely love the way they greet you and serve warm heart filling hospitality.

In this trek, you can complete your Gokyo Ri and Gokyo lakes trek in only including your day of arrival. This trek does not have any rest or acclimatization days. Thus, this Short Gokyo Lakes Trek is most suitable for those who already have several high altitude trekking experiences.

If you are a beginner trekker, there are several other treks you can do. Also, you can do the standard Gokyo lake trekking that includes sufficient acclimatization and rest.

If you want to go on a Short trek to Gokyo Ri and Gokyo Lakes, **contact us**. We will be happy to organize the best trek for you.

Best Time for Gokyo Lake Trekking

If you **wish to see the blue skies, mesmerizing white Himalayas reflecting inside the tranquil Gokyo lakes**, autumn is the best time. If you are looking forward to the trails covered in colorful petals of **Rhododendron blossoms**, you must go in Spring.

Autumn (September, October, and November) is the most popular time for Short Gokyo Lakes Trekking. This is the **post-monsoon period**. Hence, you can rejoice the best visibility. The Himalayas, Gokyo Lakes, and surrounding will be at their best in this season. Also, there are very few chances of rainfall and snow.

Spring (March, April, and May) is the time of nature lovers. This is the time when nature regains its beautiful form after the ruthless winter. With Spring, sprouts of grasses peep out through the ground and buds start developing into alluring flowers. You will see colorful **Rhododendron blossoms along the trekking trails** in lower regions. Also, you will see tiny wildflowers smiling on the ground. Also, the weather remains stable. Likewise, the temperature is moderate to trek.

Winter and Monsoon are less popular seasons to trek. The uncertain weather poses a different level of risk and difficulties while trekking in these seasons. So, you must be ready with a strong mindset, good physique, and proper planning and gearing.

Difficulties During Short Gokyo Lakes Trek

Altitude is a major difficulty. This Short Gokyo Lakes Trek has no acclimatization days. If you are a beginner trekker on high altitudes, this trek will be very tough. Instead, **you can add a few extra days and do Gokyo lake trek with acclimatization days.**

There **are some long days on the trek.** Walking for long trekking hours over the rugged trails is **truly a challenge but worth it!**

Highlights

Short, scenic, and thrilling two-way Kathmandu to Lukla flight.

Viewing the mesmerizing Gokyo lakes.

An Amazing view of Gokyo village with Mt. Choyu.

Beautiful view of Ngozumpa glacier.

Morning Sunrise from Gokyo Ri.

Namche Bazaar, the capital of the Khumbu region.

Impressive sunrise view from Gokyo Ri.

Astounding Himalayan vistas of Mt. Everest, Mt. Cho Oyu, Mt. Cholatse, and many others.

Outline Itinerary

Day 01 : Fly to Lukla (2860m) 30 min, trek to Phakding (2610m), 2-3 hours.

Day 02 : Trek from Phakding to Namche Bazaar (3440m), 6-7 hours.

Day 03 : Trek from Namche Bazaar to Dole 4040m, 6 hours.

Day 04 : Trek from Dole to Machhermo (4200m), 3-4 hours.

Day 05 : Trek from Mechhermo to Gokyo Lakes Village (4790m), 4 hours.

Day 06 : Hike up to Gokyo Ri and Trek to Namche Bazar, 09-10 hours.

Day 07 : Trek from Namche Bazar to Lukla, 7 hours.

Day 08 : Fly to Kathmandu

Cost Includes

Transportation to and from Tribhuvan Airport.

Three nights in a 2-3 star hotel in Kathmandu, breakfast included.

All for the trek, including flights to and from Lukla.

Local guest house accommodation in mountain.

Government-authorized, experienced guide and porters

Insurance, food, accommodation, and wage for guides and porters

Hygienic meals (breakfast, lunch, and dinner) during the trek.

All equipment (sleeping bag, warm layers, etc.)

First Aid Kit

Gokyo Ri and Lakes Trek Maps

Service charge and government taxes

Sagarmatha National Park entry fee

Post-trek celebration dinner in Kathmandu.

Cost Excludes

International airfare

Meals in Kathmandu (besides breakfast)

Short Gokyo Ri and Gokyo Lakes Trek

Your personal expenses, shopping, etc.

Shower and electronic charging fees at guest houses during the trek

Alcoholic drinks, chocolates, tea and coffee

Tips for guide and porter

Extra accommodation and meals outside of itinerary.