

Overview

Short Everest Base Camp trek is the **most popular trek in Nepal and also in the world**. Thousands of trekkers from around the world visit the Everest base camp (EBC) in Nepal every year via trekking or other means. Short Everest Base Camp trek is for those who have a limited time for Everest trekking. This trek is a complete Everest Base Camp trek that completes in 10 days without any acclimatization or rest days.

This wonderful **Short EBC trek is a customized standard Everest base camp itinerary**. The short Everest base camp trekking (EBC) offers the splendid time trekking on the Everest trekking trails. You will reach the base camp of the highest peak in the world in a few days from Lukla.

You will see the amazing Himalayas including Mt. **Everest, Lhotse, Thamserku, Tawachi, Nuptse, Pumori, Ama Dablam**, and several other peaks on our Short Everest Base Camp Trek. Watching the striking views of the panoramic Himalayas from different places on the trek is truly a blissful moment.

The early morning hike to Kalapathar is one of the attractions of the Short Everest Base Camp trek. **Kalapathar is the best viewpoint of Mt. Everest**. You will see the 360 degrees panoramic view of Mt. Everest from there. The **sunset view from Kalapathar on Mt. Everest** is the most amazing part of this trip. The moment when the soft rays of sun caress Mt. Everest and other giants are splendid. The views are out of the world.

There are **uncountable highlights of this Short EBC trek**. The magnificent trekking trails, the impressive views of animals porting the goods in tough trails, beautiful forests, meadows, waterfalls, variable landscapes, and many others.

The customized Short Everest base camp Trek is full of both **the natural and cultural surprises**. You will see the traditional villages, simple lifestyles, beautiful traditions, and culture of the Himalayan Sherpa people while trekking. You will see lots of mani walls, small stupas, and prayer flags along the trekking trails.

Tengboche monastery is the biggest monastery in Khumbu valley. Visiting this monastery is a blissful moment. Inside the monastery, you'll see the Buddhist monks praying. From the monastery, you will see an amazing view of **Mt. Everest, Lhotse, Nuptse, Thamserku** and many more. This place is **also popular for sunrise and sunset views**.

Since this, **Short Everest Base Camp Trek has no rest or acclimatization days**, this trek may not be the perfect choice for beginner trekkers. The beginners should spend a few more days acclimatizing at some places on the trail. This will help them to get adjusted with increasing altitude. But for those who have lots of high altitude experiences before, Short Everest Base Camp Trek (EBC) exactly what they'd look for. If you don't have lots of high altitude experience and still looking for short Everest Base Camp Trek, **Everest Base Camp Trek with Helicopter Return**

(10 Days) would be the best option!

Is the Short EBC Trek Difficult?

The Short Everest Base Camp Trek is categorized as ‘**moderate**’ in difficulty. It is less of a challenge for those who have previous **high altitude trekking experience**. For those who don’t have previous high altitude experience, this trip can be difficult because of High altitude. In terms of the actual trail, the **path up to Gorekshep and Everest Base Camp is man-made**. However, the trail to Gorekshep changes every year due to the glacier melting, so the trail can be a bit rocky. The trail from Gorakshep to Everest Base Camp can be a bit rocky as well. It is always advisable to follow your guide in this part and to ask for help if you get confused. Although this trek is **not too difficult for experienced alpine hikers**, you can certainly add an extra day to the itinerary to have a more relaxed pace.

What is the Best Time for the Short Everest Base Camp Trek?

The best time to take the Short Everest Base Camp Trek is after the monsoon season (**September-November**) and just after winter (**March-May**). The most common season for trekking in the Everest region is autumn. **September is renowned for having colorful landscapes** with the white Himalayas in the background. October and November offer the clearest views of the Himalayas. The second **most popular season is spring**. March is popular for having clear views and blooming alpine flowers. April is the **time for climbing expeditions**, so you’ll be able to see a colorful little **town of tents at Everest Base Camp!** All the expedition groups hunker down at the base camp for their training and acclimatization before they start the next leg of their summit push. If you come either in the spring and autumn, you will **have awesome views of Everest Base Camp and Mount Everest from Kalapatthar**.

Is the Short Everest Base Camp Trek for you?

Of course! The **Short Everest Base Camp Trek is for anyone**, especially you! That being said, it’s better if you have previous high altitude trekking experience. Or, if you are nearby some mountains, you should build up your stamina and fitness before you take the Short Everest Base Camp Trek. If you have the **inner determination and some previous hiking experience**, we will help you finish this trek successfully. For a successful trek, you **need both inner power and solid stamina**. Just stamina alone, this trek cannot be done. Those who are physically and mentally strong and those who love the mountain and will enjoy every moment in the Himalayas make it to Everest Base Camp easily.

Fitness Level for this Trek

You don’t have to be an athlete or a bodybuilder to finish this trek! You should be in decent shape and have some previous hiking experience. We recommend doing some hiking regularly starting **about 10 weeks before** your departure date. Walking about 3-5

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km every day, **especially up and downhill, builds your stamina** and will help you on the trail to Everest Base Camp. If you don't have any mountains near you, running on a treadmill, stair-climbing, swimming, etc., will build your stamina. **Please consult your doctor before you go to the gym or do any rigorous exercise.** All in all, you do not have to be an **ultra-athletic climber or a sportsman.** This trek requires just hiking experience on an up and down trail. Just say, **"I want to do this trek!"** and we will handle the rest!

Do we miss any special places on this trek?

No, you won't miss any places on the Short Everest Base Camp Trek. The trail is the exact same as the standard Everest Base Camp Trek. The only difference is that there are not any acclimatization days on this itinerary. The **climb up to Kalapatthar viewpoint is included in this trek as well.** The most popular places such as Namche Bazaar, Tengboche Monastery, Dingboche village, Lobuche, and of course, Everest Base Camp, **are all included in this trip.**

Trekking Trail and Distance

The trekking trail up to Base Camp is **manmade, well-maintained, and safe.** On two days, the trail only goes up. On the third day, there are ups and downs, but then the trail goes gradually up all the way to Everest Base Camp. **Expect to walk 5-7 hours per day on the trail.** There are lots of teahouses on the trail, so while walking, we can **stop and have tea or coffee.** If you are too tired, you can have a **rest and change the itinerary.** This trek is flexible and catered to your comfort. The total distance of the **Short Everest Base Camp Trek is about 130 kilometers** (about 80 miles).

Best Places for Mount Everest Views on Short EBC Trek

The Short Everest Base Camp Trek **offers amazing, once-in-a-lifetime views of Mt Everest** – the same views as the legendary EBC Trek. We start to see **Mount Everest from Day 2** on the way to Namche Bazaar. If the weather is bad at that time, don't worry! You will see it the next day. Seeing **Mt. Everest from the Sagarmatha National Park Museum with Tenzing Sherpa's statue** is a picture-perfect moment. This spot is just a **short distance from Namche Bazaar** and displays a stunning Everest view. The most popular Everest viewpoint, though, is Kalapatthar! From here, you can an **up-close Everest view right before your eyes!**

Famous Places on Short Everest Base Camp Trek

The **most famous places on the Short Everest Base Camp Trek** are Lukla Airport, Namche Bazaar, Tengboche Monastery, Everest Base Camp, and Kalapatthar. Everyone has a certain place that sticks out to them during the trek, but these are **definitely the most memorable**, each for their own reason. Lukla is famous for having one of the most dangerous airports (and highest) in the world! **Namche is famous for its commercial appeal**

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(i.e. food, bars, cafes, etc.). **Tengboche Monastery is the largest and oldest in the Khumbu region**, and it has a great view of the Mt. Everest and the other Himalayas. Everest Base Camp needs no **explanation**, and **Kalapatthar is popular** for having the best view of Mt. Everest, Khumbu Glacier, and a plethora of other **Himalayan peaks**.

Are any risks involved in the Short Everest Base Camp Trek?

Short Everest Base Camp Trek is a moderately challenging trek due to the high altitude (5000+ meters at some points). But to avoid altitude sickness, our well-designed itinerary and very **experienced local guides help minimize the risk**. We must always be on the safe side. If you're scared of getting altitude sickness, make sure to carry Diamox (after consulting your doctor). Our team always makes an effort to minimize all risks during your trek, but some things are out of our control. Our entire team will be with you and we always try to minimize problems. Do tell us if you are experiencing any trouble on the trail. Other than that, just **enjoy the trek and the glorious Himalayas; we will handle the rest!**

Can we hike to Kalapatthar?

Yes, of course! This Short [Everest Base Camp Trek](#) itinerary includes a visit to Kalapatthar. You can **hike up to Kala Patthar after seeing Everest Base Camp or the next morning for the sunrise view** before heading back towards Namche Bazaar and eventually Lukla.

Need an extra day?

We always prioritize safety on all of our trips, so **we recommend taking an extra day for this trek if you need it**. If the weather gets bad in Lukla, if you **needed an extra day to rest, or if you want to stick around a particular village and explore**, you could use that extra day and not worry about missing your international flight.

Why trek with Breeze Adventure?

Beyond the **fact that we are fun, energetic, compassionate, and caring**, we put your safety and success in reaching Everest Base Camp as our highest goal. Our **team has years of experience** in guiding people in the Himalayas. Our **team handles any problems you might encounter and we do our best to keep you comfortable**. Also, most of our team is from the Everest region itself. They have spent most of their lives there and have **tons of knowledge and expertise in the region**. Our youthful, passionate Sherpa team will make this trip exciting and memorable for you.

Highlights

The thrilling and scenic flight, Kathmandu to Lukla and back.

Namche Bazaar, the major Sherpa hub in Khumbu.

The traditional Sherpa villages, their traditions, and culture.

Sagarmatha National Park, a UNESCO World Heritage Site in Nepal.

Tengboche Monastery, the biggest monastery in Khumbu Valley.

Everest Base Camp and Kalapathar.

Khumbu Glacier

Panoramic view of the Himalaya

Outline Itinerary

Day 01 : Fly to Lukla (2860m), trek to Phakding (2610m), 30min Flight, walk 2- 3 hours

Day 02 : Trek from Phakding to Namche Bazaar (3440m) 6-7 hours.

Day 03 : Trek from Namche Bazaar to Tengboche (3860m), visit Tengboche monastery. 5 hours.

Day 04 : Trek from Tengboche to Dingboche (4410m), 5-6 hours

Day 05 : Trek from Dingboche to Lobuche (4940m), 6 hours.

Day 06 : Trek from Lobuche to Gorakshep (5164m) to EBC (5365m) and back to Gorakshep, 8 hours

Day 07 : Hike from Gorakshep to Kala Patthar (5643m) and retreat trek to Pheriche (4370m), 8 hours.

Day 08 : Trek from Pheriche to Namche Bazaar, 7 hours.

Day 09 : Trek from Namche to Lukla , 7 hours

Day 10 : Fly out from Lukla to Kathmandu.

Cost Includes

- Transportation to and from Tribhuvan Airport.
- Two nights in a 2-3 star hotel in Kathmandu, breakfast included.

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- All transportation for the trek, including flights to and from Lukla.
- Local guest house accommodation in mountain.
- Government-authorized, experienced guide and porters
- Insurance, food, accommodation, and wage for guides and porters
- Hygienic meals (breakfast, lunch, and dinner) during the trek.
- All equipment (sleeping bag, warm layers, etc.)
- First Aid Kit
- Maps
- Service charge and government taxes
- Sagarmatha National Park entry fee
- Post-trek celebration dinner in Kathmandu

Cost Excludes

- International airfare
- Meals in Kathmandu (besides breakfast)
- Your personal expenses, shopping, etc.
- Shower and electronic charging fees at guest houses during the trek
- Alcoholic drinks, chocolates, tea and coffee
- Tips for guide and porter
- Extra accommodation and meals outside of itinerary
- Costs from unexpected occurrences (i.e. cancellations, weather problems, damages of property, illness, etc.)