## **Overview**

Our Makalu Base Camp Trek is a rugged up-and-back trip to the base of Makalu (8,485 meters/27,838 feet) – 'the throne of the gods.' Pass through the wild backcountry of one of Nepal's most remote and undeveloped area. Makalu is the 5th highest mountain in the world, and you'll be exposed to epic views of it during the trek. You will also get eyepopping views of Everest (8848 meters/29,029 feet), Lhotse (8516 meters/27,940) and many more snow-clad peaks of the Everest and Makalu mountain ranges.

The epic mountain views are just the icing on the cake. Throughout the trek, you will be 'lost' within the epic scenery of Makalu-Barun National Park. The park is a real wilderness area and a home to over 3000 species of flowering plants and hundreds of types of orchids. Also, along with the trail, it is possible you will run into snow leopards, red pandas, musk deer, and blue sheep. Keep your eyes peeled!

The gateway for the Makalu Base Camp Trek is Tumlingtar, which is reached after an exciting flight from Kathmandu. Tumlingtar lies near the Arun Koshi (River). Beginning by hiking through lush terraced hillsides, we slowly move north and upward. Starting from 500 meters above sea level in Tumlingtar, we eventually reach up to 4870 meters when we arrive at Makalu Base Camp. Such a climb calls for proper acclimatization, which is built into our itinerary as exploration days, so you have plenty of time to relax and enjoy the beauty. Because we traverse a vast range of altitude, we see diverse landscapes and people. As we pass from large farming villages in the lowlands to high alpine meadow settlements, every day is full of surprises.

The trail is not for the faint of heart, nor for those who wish to trek with the 'luxuries' provided by teahouses. Our Makalu Base Camp Trek is a camping journey. Where there are guesthouses, we can stay there upon your request. Otherwise, we will be camping outside under a tent. Our skilled chef will prepare the meals and we will be sleeping under the bright stars and towering peaks. Get away from your attachments in your normal, everyday life and 'get lost' in the mountains. For a couple of weeks, you won't have a worry on your mind, except where the next great viewpoint is.

Trekking is possible throughout the year, but Spring (March to May) and Autumn (September to November) provide the best weather. During the Spring, there is a bit more color and the rhododendrons are blooming, and in the Autumn months, the skies are generally clearer. Also, it is easy to combine the Makalu Base Camp Trek with the Everest region treks. Let us know if you would like us to set that up for you. Breeze Adventure arranges the trek with complete management. Please, feel free to contact us for more detailed information.

# **Highlights**

High altitude trekking on a peaceful, crowd-free trail

- Tent camping sleep underneath a beautiful starry sky
- Views of Makalu (8463 meters/27,766 feet), Mount Everest (8848 meters/29,029 feet), two of the 5 highest mountains in the world
- Thick forests of rhododendron trees, teeming with rare animal species
- Passes numerous local villages that offer their warm hospitality

## **Outline Itinerary**

Day 01: Day 1: Arrival in Kathmandu and transfer to the hotel.

Day 02 : Day 02: Sightseeing in Kathmandu Valley

Day 03: Day 03: Fly from Kathmandu to Tumlingtar (520m) and drive to Chichila.

Day 04: Day 04: Chichila to Num (1490m), 5 hours.

Day 05 : Day 05: Num to Seduwa (1460m), 5-6 hours.

Day 06: Day 06: Seduwa to Tashi Gaon (2070m), 5 hours.

Day 07: Day 07: Tashi Gaon to Khongma (3560m), 6 hours.

Day 08: Day 08: Rest day for acclimatization and exploration.

Day 09: Day 09: Khongma to Mumbuk (3570m), 5 hours.

Day 10: Day 10: Mumbuk to Yangle Kharka - (3600m), 6 hours.

Day 11: Day 11: Yangle Kharka to Sherson (4615m), 7 hours.

Day 12: Day 12: Sherson to Makalu Base Camp (4870m), 4-5 hours.

Day 13: Day 13: Exploration around Makalu Base Camp.

Day 14: Day 14: Makalu Base Camp to Yangle Kharka, 6-7 hours.

Day 15: Pay 15: Yangle Kharka to Mumbuk, 5 hours.

Day 16: Day 16: Mumbuk to Khongma, 5 hours.

Day 17: Day 17: Khongma to Tashi Gaon, 5 hours.

Day 18: Day 18: Tashi Gaon to Num, 5-6 hours.

Day 19: Day 19: Num to Chichila, 4-5 hours.

Day 20: Day 20: Drive from Chichila to Tumlingtar.

Day 21: Day 21: Fly from Tumlingtar to Kathmandu.

Day 22: Day 22: Transport from hotel to Tribhuvan Airport for departure from Nepal.

## **Cost Includes**

Transportation to and from Tribhuvan Airport.

Three nights in a 2-3 star hotel in Kathmandu, breakfast included.

All transportation for the trek, including flights to and from Tumlingtar.

Local guest house accommodation in the mountain.

Tented Camp & supplies (kitchen, sleeping mats, etc.).

Government-authorized experienced guide and porters

Insurance, food, accommodation, and wage for guides and porters

Hygienic meals (breakfast, lunch, and dinner) during the trek.

All equipment (sleeping bag, warm layers, etc.)

First Aid Kit Maps

Service charge and government taxes

TIMS card and Makalu-Barun National Park Permit

Post-trek celebration dinner in Kathmandu

#### **Cost Excludes**

International airfare

Meals in Kathmandu (besides breakfast)

Your personal expenses, shopping, etc.

Shower and electronic charging fees at guest houses during the trek

Alcoholic drinks, chocolates, tea and coffee

Tips for guide and porter

Extra accommodation and meals outside of itinerary

Costs from unexpected occurrences (i.e. cancellations, weather problems, damages of property, illness, etc.)